



Labor News

Plastic Workers Union Local 18 and
Chemical & Production Workers Local 30



Volume CIX

Hillside, Illinois

Spring 2018

Hello Summer

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CENTRAL STATES JOINT BOARD • EXECUTIVE BOARD

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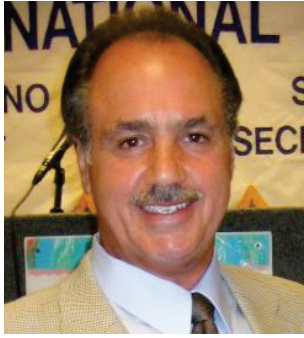
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The President's Column

By Mark A. Spano



NATIONAL LABOR RELATIONS BOARD

2017 brought with it the confirmation of the Trump Administration's nominees to the National Labor Relations Board ("NLRB"). Unfortunately, as a result the federal agency that is charged with protecting workers' right to organize is now poised to reverse years' worth of progress advancing the rights of workers. In 2017, Republicans in the Senate confirmed Marvin Kaplan and William Emanuel to the five-member NLRB. This followed Trump's naming of Phillip Miscimarra as NLRB Chairman in April 2017. Together, the three of them made up the first Republican majority on the Board in nine (9) years. Miscimarra's term ended on December 16, 2017 leaving another vacancy. Although Trump appointed Kaplan to serve as Chairman, he'll have to fill the vacancy on the Board and get the Senate to confirm another nominee in order to regain the Republican majority.

For the past eight (8) years, the NLRB has worked hard to modernize and fulfill the law's primary purpose, which is to encourage and promote collective bargaining. However, it is likely that all of this hard work and the NLRB decisions that supported workers' rights to collectively bargain are now in danger of being overturned by the new Trump appointed majority.

Prior to being appointed to the NLRB, William Emanuel worked as an attorney for Littler Mendelson, one of the nation's top anti-union law firms. Similarly, Marvin Kaplan worked as an attorney for the Republican House Committee and drafted legislation to overturn Obama-era NLRB decision and make it easier for employers to fight unionization campaigns. Prior to that, Marvin worked in the George W. Bush Department of Labor, where he was responsible for drafting the burdensome union LM-2 reporting requirements.

Also, pending before the Senate is the confirmation of Trump's nominee for the NLRB's General Counsel, Peter Robb. Robb was responsible for writing briefs and making arguments in support of President Ronald Reagan's decision to fire the Professional Air Traffic Controllers Organization members after they went on strike in 1981 over safety issues. Robb has been a vocal critic of recent NLRB decisions protecting workers' rights to use social media, the NLRB's newly enacted rules removing employer roadblocks to representation elections and the Board's policy on holding joint employers liable under labor laws. These important NLRB reforms are now threatened with being rolled back.

Perhaps the most important NLRB advancement in danger of being rescinded is the NLRB's removal of legal delays to union elections. It previously took an average of 40-45 days to schedule a union election. In 2015, the Obama NLRB issued new rules saying it would conduct elections first, and resolve employer legal challenges later. Employer groups protested this change in what they called "quickie" elections.

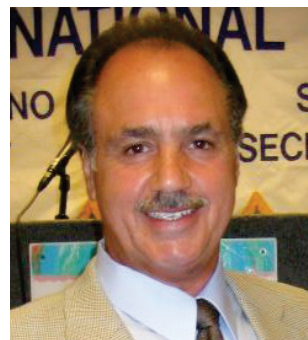
Following the change, it currently takes an average of 25 days to schedule an election. On December 13, 2017, the NLRB announced it was reconsidering the expedited election rule, and is soliciting public comments on whether it should be rescinded, modified, or retained, with a deadline of February 12, 2018 for comments.

Similarly, the Trump NLRB has already overturned the so-called 'micro-union' decision, which made it easier for unions to organize a minority of employees in a single workplace, such as maintenance workers in an assembly line manufacturing facility. In its 2011 Specialty Healthcare decision, the Obama NLRB stopped employers' ability to delay union elections using legal challenges over what is an appropriate bargaining unit. That ruling said a union's proposed bargaining unit did not have to be the 'most appropriate,' it just needed to be appropriate. The Trump NLRB recently overturned that decision, making it easier for employers to assert legal challenges over the appropriateness of the bargaining unit. This is a major blow to the ability of workers to organize and puts the burden back on unions to show that the proposed bargaining unit is proper.

2018 will also likely be a difficult year for organized labor, as the Republicans will undoubtedly continue to see to undo many of the reforms implemented during the Obama NLRB. Now, it is more important than ever, than organized labor remain strong, vocal and vigilant against all attempts to impede our ability to organize and represent our members.

Columna Del Presidente

Por Mark A. Spano



JUNTA NACIONAL DE RELACIONES DEL TRABAJO

2017 trajo consigo la confirmación de los nominados de la Administración Trump a la Junta Nacional de Relaciones del Trabajo (“NLRB”, por sus siglas en inglés). Desafortunadamente, como resultado, la agencia federal encargada de proteger el derecho de los trabajadores a organizarse ahora está posicionada para revertir el progreso de años en los derechos de los trabajadores. En 2017, los republicanos en el Senado confirmaron a Marvin Kaplan y William Kaplan entre los cinco miembros de la NLRB. Esto siguió al nombramiento de Trump de Philip Miscimarra como presidente de la NLRB en abril de 2017. Juntos, los tres conformaron la primera mayoría republicana en la Junta en nueve (9) años. El mandato de Miscimarra finalizó el 16 de diciembre de 2017 y dejó otra vacante. A pesar de que Trump designó a Kaplan para ocupar el cargo de presidente, este tendrá que ocupar el puesto vacante en la Junta y lograr que el Senado confirme a otro candidato para recuperar la mayoría republicana.

Durante los últimos ocho (8) años, la NLRB trabajó arduamente para modernizar y cumplir el propósito principal de la ley, que es alentar y promover la negociación colectiva. Sin embargo, es probable que todo este arduo trabajo y las decisiones de la NLRB que respaldaban los derechos de los trabajadores para negociar de forma colectiva ahora estén en peligro de ser anulados por la nueva mayoría designada por Trump.

Antes de ser nombrado para la NLRB, William Emanuel trabajó como abogado de Littler Mendelson, uno de los bufetes jurídicos antisindicales más importantes del país. De manera similar, Marvin Kaplan trabajó como abogado para el Comité de la Cámara Republicana y redactó una legislación para revocar las decisiones de la NLRB de la era Obama y facilitar a los empleadores la lucha contra las campañas de sindicalización. Antes de eso, Marvin trabajó en el Departamento de Trabajo de George W. Bush, donde fue responsable de redactar los burocráticos requisitos de los informes sindicales LM-2.

Además, está pendiente en el Senado la confirmación del candidato de Trump como asesor general de la NLRB, Peter Robb. Robb fue responsable de redactar informes y argumentar en apoyo de la decisión del presidente Ronald Reagan de despedir a los miembros de la Organización de Controladores Profesionales del Tráfico Aéreo después de que se declararon en huelga en 1981 por cuestiones de seguridad. Robb ha criticado abiertamente las recientes decisiones de la NLRB que protegen los derechos de los trabajadores a usar las redes sociales, las nuevas normas promulgadas por la NLRB que eliminan los obstáculos del empleador en las elecciones de representación y la política de la Junta de responsabilizar a los coempleadores en virtud de las leyes laborales. Estas importantes reformas de la NLRB ahora sufren la amenaza de ser revertidas.

Quizás el avance más importante de la NLRB en peligro de rescindirse es la eliminación de las demoras legales de la NLRB para las elecciones sindicales. Anteriormente, programar una elección sindical tomaba un promedio de 40 a 45 días. En 2015, la NLRB de Obama emitió nuevas normas diciendo que primero se llevarían a cabo las elecciones y luego se resolverían los problemas legales del empleador. Los grupos de empleadores protestaron por este cambio en lo que llamaron elecciones “rápidas”.

Después del cambio, programar una elección demora actualmente un promedio de 25 días. El 13 de diciembre de 2017, la NLRB anunció que estaba reconsiderando la norma de elección acelerada y solicitó comentarios públicos sobre si debía rescindirse, modificarse o retenerse, con un plazo hasta el 12 de febrero de 2018 para enviar los comentarios.

Del mismo modo, la NLRB de Trump ya ha anulado la decisión denominada ‘microsindicato’, que facilitaba que los sindicatos organizaran una minoría de empleados en un solo lugar de trabajo, como los trabajadores de mantenimiento en una instalación de fabricación de líneas de montaje. En su decisión de Atención médica especializada de 2011, la NLRB de Obama detuvo la capacidad de los empleadores para retrasar las elecciones sindicales utilizando recursos legales en lugar de una unidad de negociación adecuada. El fallo decía que la unidad de negociación propuesta por el sindicato no tenía que ser la “más adecuada”, sino simplemente adecuada. La NLRB de Trump revocó recientemente esa decisión, lo que facilita a los empleadores hacer valer los recursos legales sobre la idoneidad de la unidad de negociación. Esto es un gran golpe a la capacidad de los trabajadores para organizarse y vuelve a poner sobre los sindicatos la carga de demostrar que la unidad de negociación propuesta es adecuada.

2018 también será probablemente un año difícil para la mano de obra organizada, ya que los republicanos, sin duda, continuarán intentando deshacer muchas de las reformas implementadas durante la NLRB de Obama. Es más importante que nunca que el trabajo organizado permanezca fuerte, activo y vigilante contra todos los intentos de impedir nuestra capacidad de organizar y representar a nuestros miembros.

HERE ARE SOME GREAT TIPS! LOOK THEM OVER AND KEEP THEM HANDY

- Peel a banana from the bottom and you won't have to pick the little 'stringy thing' off it. That's how the primates do it.
- Take your bananas apart when you get home from the store. If you leave them connected at the stem, they ripen faster.
- Store your opened chunks of cheese in aluminum foil. It will stay fresh much longer and not mold!
- Peppers with 3 bumps on the bottom are sweeter and better for eating. Peppers with 4 bumps on the bottom are firmer and better for cooking.
- Add a teaspoon of water when frying ground beef. It will help pull the grease away from the meat while cooking.
- Add garlic immediately to a recipe if you want a light taste of garlic and at the end of the recipe if you want a stronger taste of garlic.
- Reheat Pizza – Heat leftover pizza in a nonstick skillet on top of the stove; set heat to med low and heat till warm. This keeps the crust crispy. No soggy micro pizza. I saw this on the food channel and it really works.
- Easy Deviled Eggs – Put cooked egg yolks in a zip lock bag. Seal; mash till they are all broken up. Add remainder of ingredients, reseal, keep mashing it up mixing thoroughly, cut the tip of the baggy; squeeze mixture into egg. Just throw bag away when done – easy clean up.
- Reheating refrigerated bread – To warm biscuits, pancakes, or muffins that were refrigerated, place them in a microwave next to a cup of water. The increased moisture will keep the food moist and help it reheat faster.
- Newspaper weeks away – Start putting torn newspaper in your plants; work the nutrients in your soil. Wet newspapers, put layers around the plants, overlapping as you go; cover with mulch and forget about weeds. Weeds will get through some gardening plastic; they will not get through wet newspapers.
- Broken Glass – Use a wet cotton ball or Q-tip to pick up the small shards of glass you can't see easily.
- Flexible vacuum – To get something out of a heat register or under the fridge add an empty paper towel roll or empty gift wrap roll to your vacuum. It can be bent or flattened to get in narrow openings.
- Reducing Static Cling – Pin a small safety pin to the seam of your slip and you will not have a clingy skirt or dress. Same thing works with slacks that cling when wearing panty hose. Place pin in seam of slacks and ... tad a! ... static is gone.
- Measuring Cups – Before you pour sticky substances into a measuring cup, fill with hot water. Dump out the hot water, but don't dry cup. Next. Add your ingredient (peanut butter, honey, etc.) and watch how easily it comes right out.
- Foggy Windshield? – Hate foggy windshields: Buy a chalk board eraser and keep it in the glove box of your car. When the windows fog, rub with the eraser! Works better than a cloth!
- Reopening envelope – If you seal an envelope and then realize you forgot to include something inside, just place your sealed envelope in the freezer for an hour or two. Viola! It unseals easily.
- Conditioner – Use your hair conditioner or vitamin E cream to shave your legs. It's cheaper than shaving cream and leaves your legs really smooth. It's also great way to use up the conditioner you bought but didn't like when you tried it in your hair.
- Goodbye Fruit Flies – To get rid of pesky fruit flies, take a small glass, fill it ½ with Apple Cider Vinegar and 2 drops of dish washing liquid; mix well. You will find those flies drawn to the cup and gone forever!
- Get Rid of Ants – Put small piles of cornmeal where you see ants. They eat it, take it 'home', can't digest it so it kills them. It may take a week or so, especially if it rains, but it works and you don't have to worry about pets or small children being harmed!
- Drinking two glasses of Gatorade can relieve headache pain almost immediately with no unpleasant side effects caused by traditional "pain relievers".
- Info About Clothes Dryers This Is About The Best Hint Ever Heard – The heating unit went out on my dryer! The gentleman that fixes things around the house for us told us that he wanted to show us something and he went over to the dryer and pulled out the lint filter. It was clean. (I always clean the lint from the filter after every load of clothes). He took the filter over to the sink and ran hot water over it. The lint filter is made of a mesh material. I'm sure you know what your dryer's lint filter looks like. Well ... the hot water just sat on top of the mesh! It didn't go through it at all! He told us that dry sheets cause a film over that mesh – that's what burns out the heating unit. You can't **SEE** the film, but it's there. It's what is in the dryer sheets to make your clothes soft and static free. You know how they can feel waxy when you take them out of the box well this stuff builds up on your clothes and on your lint screen. This is also what causes dryer units to potentially burn your house down with it! He said the best way to keep your dryer working for a very long time (and to keep your electric bill lower) is to take that filter out and wash it with hot soapy water and an old toothbrush at least ever three months. He said that increases the life of the dryer at least twice as long! How about that! Learn something new everyday! I certainly didn't know dryer sheets would do that. So, I thought I'd share!
- Note: I went to my dryer and tested my screen by running water on it. The water ran through a little bit but mostly collected all the water in the mesh screen. I washed it with warm soapy water and a nylon brush and I did it in 30 seconds. Then when I rinsed it ... the water ran right thru the screen! There wasn't any puddling at all! That repairman knew what he was talking about!

**PLEASE PASS THIS ON TO OTHER PEOPLE YOU KNOW
NOT ONLY COULD IT SAVE SOMEONE'S HOME, BUT IT COULD SAVE A LIFE!**

A V I S O
REGLAMENTOS DEL BENEFICIO OPTICO - REVISADO febrero 1, 2016

1. Solamente miembros de la unión que sean afiliados de la Unión Local del Central States Joint Board serán elegibles a Beneficios Ópticos.
2. Los miembros elegibles podrán recibir un beneficio óptico después de doce (12) pagos consecutivos de cuotas mensuales y cada dos años después de eso, siempre que hayan hecho doce (12) pagos consecutivos de cuotas mensuales antes de la solicitud para Beneficios Ópticos.
3. Comuníquese con la Oficina de la Unión al (312) 738-0822 para la verificación y elegibilidad de Beneficios Ópticos.
4. Su Unión Local le reembolsará a los miembros elegibles al recibo de una cuenta pagada por cuidado óptico a base de la siguiente escala:

Examen y lentes de visión sencilla	\$ 80.00
Examen y lentes Bifocales	\$100.00
Examen y lentes de Contacto	\$100.00
Examen solamente	\$ 30.00

Durante períodos de paros forzosos o permisos de ausencia, será la responsabilidad del miembro, comunicarse con la Oficina de la Unión y solicitar la información de cómo permanecer en buena posición y ser elegible a estos beneficios.

NOTICE
OPTICAL BENEFIT REGULATIONS - REVISED FEBRUARY 1, 2016

1. Only Union members who are affiliates of the Central States Joint Board Local Unions are eligible for Optical Benefits.
2. Eligible members may receive an optical benefit after twelve (12) consecutive monthly dues payments and every two years thereafter providing they have made twelve (12) consecutive monthly dues payments prior to the request for Optical Benefits
3. Contact the Union Office at (312) 738-0822 for verification and eligibility of Optical Benefits.
4. Your Local Union will reimburse eligible members upon receipt of paid invoice for optical care based on the following schedule:

Exam and single vision lenses	\$ 80.00
Exam and Bi-focal lenses	\$100.00
Exam and Contact lenses	\$100.00
Examination only	\$ 30.00

During periods of Lay-off or leaves of absence it is the responsibility of the member to contact the Union Office and request the information of how to remain in good standing and eligible for these benefits.

CENTRAL STATES JOINT BOARD HEALTH & WELFARE OUT-OF-NETWORK INFORMATION

Out of Network services are among the most costly services covered by the Fund. The Trustees realize that it is important to have access to Primary Care Physicians and Specialists, so the Fund contracted with Blue Cross and Blue Shield to utilize their vast PPO Network. Because of the exploding costs of Out-of-Network Services and the large PPO Network available to the Fund participants and beneficiaries, the Trustees have decided to eliminate coverage for Out-of-Network providers, except for Emergency Room services. Of course if you live more than 30 miles from an In-Network Hospital, the Fund will still provide coverage for Out-Of-Network services.

CENTRAL STATES JOINT BOARD PLAN DE SALUD Y BIENESTAR

Los servicios afuera de la red están entre los más costosos servicios cubiertos por el Fondo. Los Consejeros se dieron cuenta de que es importante tener acceso a médicos de atención primaria y especialistas, con el fin de que bajo contrato de Fondo estén con Blue Cross y Blue Shield para aprovechar su amplia red dentro PPO. A causa de la explosión de los costos de los servicios fuera de la red y la gran red PPO a disposición de los participantes y beneficiarios, los Consejeros han decidido eliminar la cobertura de proveedores fuera de la red, excepto para los servicios de Emergencias. Por supuesto, si usted vive a más de 30 millas de un hospital que este Dentro de Red, el Fondo seguir proporcionando cobertura para servicios fuera de la red.

MIDWEST PENSION PLAN

The Midwest Pension Plan wants to remind our Union brothers and sisters if they plan on retiring to call or come into the office about three months prior to their retirement date so we can process the requested information in a timely manner. Also please keep the Plan informed about any address changes you have so that you may receive the proper documents. If your shop is closing or if you are leaving employment in the shop please go to the Human Resource Director and obtain a letter stating your original hire date and your termination date.

EL PLAN DE MIDWEST PENSION

El plan de Midwest Pension quiere recordar a sus hermanos y hermanas de la Unión si planean en retirarse de visitar o llamar tres meses antes de su fecha de retiro, así podemos procesar la información requerida. También mantener el plan informado de cualquier cambio de dirección, para así usted recibir la documentación apropiada. Si su Compañía está cerrando o piensa dejar su trabajo por favor de visitar al Director de Recursos Humano y obtener una carta clarificando cuando comenzó a trabajar y su ultimo día de trabajó.

Do **YOU** know anyone
looking for **WORK?**



**UNION JOBS
AVAILABLE**

**CONTACT THE UNION OFFICE:
KATHY RODRIGUEZ
312-738-0822 EXT. 200**

Conoce **USTED** a alguien
que busca **TRABAJO?**



**HAY TRABAJOS DE
UNION
DISPONIBLES**

**CONTACTE LA OFICINA DE UNION
KATHY RODRIGUEZ
312-738-0822 EXT. 200**

CENTRAL STATES JOINT BOARD LOCAL UNION DEATH BENEFITS

Revised February 1, 2016

Members of local unions affiliated with the Central States Joint Board are eligible for the following death benefits:

1. If the eligible member has made monthly dues payments for the twelve (12) consecutive months immediately preceding the date of his/her death, his/her beneficiary shall receive a one thousand dollar (\$1,000.00) death benefit.
2. If the eligible member has made monthly dues payments for the sixty (60) consecutive months immediately preceding the date of his/her death, his/her beneficiary shall receive a two thousand three hundred dollars (\$2,300.00) death benefit.
3. In order to receive the death benefit, the beneficiary must have been designated in a writing signed by the eligible member. The Local Union has forms which can be used by eligible members to designate or change the beneficiary for the death benefit. If the Local Union eligible member does not designate a beneficiary in writing or if the designated beneficiary is deceased or cannot be located by the Local Union the death benefit will be paid to the eligible member's estate.
4. The death benefits shall not be subject in any manner to anticipation, alienation, sale, transfer, assignment, pledge, encumbrance, charge, garnishment, execution, or levy of any kind, either voluntary or involuntary including any such liability which is for alimony or other payments for the support of a spouse or former spouse or for any other relative of the eligible member or his/her beneficiary, prior to actually being received by the beneficiary; any attempt to anticipate, alienate, sell, transfer, assign, pledge, encumber, charge or otherwise dispose of any right to benefits payable hereunder, shall be void. Neither the Central States Joint Board nor the Local Unions affiliated with the Central States Joint Board shall in any manner be liable for, or subject to the debts, contracts, liabilities, engagements or torts of any person entitled to benefits hereunder.
5. It is the obligation of the member to contact the Union Office and request information on how to remain an eligible member during periods of layoff or leaves of absence.

CENTRAL STATES JOINT BOARD BENEFICIOS DE FALLECIMIENTO DE LA UNION LOCAL

Revisado Febrero 1, 2016

Los miembros de las uniones locales afiliados con la Central States Joint Board serán elegibles a los siguientes beneficios de fallecimiento:

1. Si el miembro elegible ha hecho pagos mensuales de las cuotas por los doce (12) meses consecutivos inmediatamente anterior a la fecha de su fallecimiento, su beneficiario recibirá un beneficio de fallecimiento de mil dólares (\$1,000.00).
2. Si el miembro elegible ha hecho pagos mensuales de las cuotas por los sesenta (60) meses consecutivos inmediatamente anterior a la fecha de su fallecimiento, su beneficiario recibirá un beneficio de fallecimiento de dos mil trescientos dólares (\$2,300.00).
3. Para recibir el beneficio de fallecimiento, el beneficiario tiene que haber sido designado en forma escrita, firmada por el miembro elegible. La Unión Local tiene formularios que pueden usar los miembros elegibles para designar o cambiar al beneficiario para el beneficio de fallecimiento. Si el miembro elegible de la Unión Local no designa a un beneficiario por escrito o si el beneficiario designado está muerto o no puede ser localizado por la Unión Local, se le pagará el beneficio de fallecimiento al estado del miembro elegible.
4. Los beneficios de muerte no serán sujetos de ningún modo a la anticipación, alienación, venta, traslado, asignación, garantía, impedimento, carga, retención de sueldo, ejecución, o recaudación de cualquier tipo, sea voluntario o involuntario, incluyendo cualquier tal obligación que sea por pensión u otros pagos para el mantenimiento de un cónyuge o un cónyuge pasado o para cualquier otro pariente del miembro elegible o su beneficiario, antes de ser efectivamente recibido por el beneficiario; cualquier intento en anticipar, alienar, vender, trasladar, asignar, garantizar, impedir, cobrar o de otro modo disponer de cualquier derecho a beneficios pagables conforme a la presente, será nulo. Ni la Central States Joint Board ni las Uniones Locales afiliadas con la Central States Joint Board serán, de ninguna manera, responsables, o sujetas a las deudas, contratos, obligaciones, compromisos o agravios de cualquier persona con derecho a los beneficios conforme a la presente.
5. Es la obligación del miembro de ponerse en contacto con la Oficina de la Unión y pedir información sobre cómo seguir siendo un miembro elegible durante los períodos de paros forzados o permisos de ausencia.

Women's Health and Cancer Rights Act of 1998 Annual Notice

"Did you know that your plan, as required by the Women's Health and Cancer Rights Act of 1998, provides benefits for mastectomy-related services including reconstruction and surgery to achieve symmetry between the breasts, prostheses, and complications resulting from mastectomy. For additional information please call the Plan Office at 1-312-738-0822 or 1-800-25-UNION."

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Aviso Anual del Acta de Derechos de Salud y Cáncer de Mujeres de 1998

"Sabía usted que su plan, según se requiere por el Acta de Derechos de Salud y Cáncer de Mujeres de 1998, proporciona beneficios para servicios relacionados con la mastectomía, incluyendo la reconstrucción y cirugía para lograr la simetría entre los pechos, prótesis, y complicaciones que resulten de la mastectomía. Para información adicional, por favor llame a la Oficina del Plan al 1-312-738-0822 o al 1-800-25-UNION."

* * * * *

Ustawa o Prawach Kobiet w Zakresie Opieki Zdrowotnej I Leczenia Raka z roku 1998 – doroczne zawiadomienie

"Czy wiedziałas, że Twój plan opieki zdrowotnej, zgodnie z przepisami Ustawy o Prawach Kobiet w Zakresie Opieki Zdrowotnej I Leczenia Raka z roku 1998, zapewnia pokrycie kosztów usług związanych z usunięciem piersi, w tym rekonstrukcji piersi, operacji przywracania symetrii pomiędzy piersiami, protez I leczenia powikłan operacji usunięcia piersi? Dodatkowe informacje można uzyskać w Biurze Planu, dzwoniąc pod numer 1-312-738-0822 or 1-800-25-UNION."

UNION MADE BUY

As the unofficial start of summer, Memorial Day celebrations often include a backyard barbeque for friends and family. Celebrate this Memorial Day with these union-made products from our friends at the BCTGM, UFCW, IBB, UAW and the Novelty Workers.

FIRE UP A UNION-MADE GRILL:

Weber
Thermador

THE BUN TO PUT EM ON:

Alfred Nickles Bakery
Sunbeam
Maier's
Stroehmann
Arnold
Francisco

ON A BUN:

Butterball burgers and franks
Wenzel's sausage
Smithfield sausage
Oscar Mayer hot dogs
Boars Head hot dogs
Ball Park Franks
Hebrew National franks
Foster Farms fresh chicken
Hormel Red Franks
Nathan's Ball Park hot dogs

TOP 'EM OFF:

Heinz Ketchup
Open Pit
French's
Gulden's Mustard
Frank's Red Hot
Vlasic brand pickles

ON THE SIDE:

Burnham and Morrill Bake Beans
Pace Salsa
Frito-Lay
Chex Mixes
Sun Chips
Pirate Booty
Cheez-It
Suddenly Salad

Rold Gold
Doritos
Lays Chips and French Onion Dip
UTZ Pretzels
Bugles

BEER:

American Lager
Hamm's
Shock Top
Alexander Keiths
Genesee Cream Ale
Mickey's Malt
Iron City
Michelob
Icehouse
Steelhead Fine Ale
Lionheads
Camo Black Ice
Miller beer
Budweiser/Bud Light
Coors/Coors Light
Moosehead
Red Stripe
Mad River
Leinenkugel's
Red Dog
Stegmaier

WINE:

Andre Champagne
Columbia Crest
Farron Ridge
Balletto
C.K. Mondavi
Gallo of Sonoma
Turning Leaf
St. Supery
Almaden
Bartles & James

Carlo Rossi
Chateau Ste. Michelle
Saddle Mountain
Scheid Vineyards, Inc.
Charles Krug
C.R. Cellars
Gallo Estate
Arbor Mist
Tott's Champagne
Berelli Creel
Black Box

NON-ALCHOLIC BEVERAGES:

Welch's Juices
Hawaiian Punch
V8
Mountain Dew
Coke, Diet Coke
7-UP
Orange Crush
Barq's
Old Philadelphia
Minute Maid
Mott's
Sprite
Pepsi, Diet Pepsi
Canada Dry
A&W Root Beer
RC Cola
Blumers

TOAST SOME S'MORES:

Keebler Graham Crackers
Hershey's Chocolate Bars
Campfire Marshmallows

CAKES:

Tastykake
Entenmann's
Sara Lee (frozen)

SPRING CLEANING 2018 Union Made

AS HARD AS IT MAY BE TO BELIEVE, SPRING IS JUST AROUND THE CORNER. AND THAT MEANS IT IS JUST ABOUT TIME FOR SOME SPRING CLEANING. Erma Bombeck once said "my idea of spring cleaning is to sweep the room with a glance." Unfortunately most of us don't get off that easy.

So if you plan to join in the ritual, HERE ARE SOME UNION-MADE PRODUCTS THAT WILL MAKE YOUR HOME SPARKLE AND SHINE.

From our friends at IUE-CWA; IFCW; IBT; USW; IAMAQ; IBB; CWUC-UFCW; IUOE; GCC-IBT

Ajax Dishwashing Liquid
All Laundry Detergent
Blanco Bleach
Clorox Bleach Tabs
Clorox Disinfecting Wipes
Fab Laundry Detergent
Final Touch Fabric Softener
HiLex Bleach
J.R. Watkins Naturals
Love My Carpet
Minwax
Mountain Pine
Palmolive
Snuggle
Soft Scrub
Tide Soap
Wisk

Ajax Cleaning Powder
Artic Bright Bleach
Bowl Fresh Toilet Bowl Sanitizer
Clorox
Dynamo Laundry Detergent
Fiberguard Carpet Cleaners
Fresh Start Laundry Detergent
J.R. Watkins Laundry Detergent
Lysol
Mini Safe Scour
Mop & Glo
Palmolive Dishwashing Liquid
Purex Laundry Products
Spic N' Span Clean Wipes
Sunlight
Top Job Household Bleach



IMPORTANT NOTICE

Federal Regulations compel mass mailings therefore we must have your current home address on file. If you have moved in the last year please fill out the form below and either give it to the Business Agent or the Human Resource Department so it can be forwarded to us.

In many cases of returned mail it is because you may not have changed your address at your Doctor's Office. The next time you have to see your Doctor make sure he or she has your present address.

H&W _____ Date _____

Union _____

Pension _____

CHANGE OF ADDRESS (PLEASE PRINT)

Name _____

SSN _____ - _____ - _____

New Address _____

City _____ State _____ Zip _____

Phone (_____) _____

Shop _____ Local _____

AVISO IMPORTANTE

Los Reglamentos Federales obligan envíos de gran cantidad, por lo tanto, debemos de tener la dirección actual de su casa en el archivo. Si usted se ha mudado en el último año, por favor complete el formulario a continuación, y entrégueselo Agente de Negocios o al Departamento de Recursos Humanos para que puedan remitirlo a nosotros.

En muchos casos la vuelta de correo es porque uno no ha cambiado la dirección con la oficina del médico. La siguiente vez que tenga que ver a su médico, este seguro que tengan su dirección actual.

H&W _____ Fecha _____

Unión _____

Pensión _____

CAMBIO DE DIRECCIÓN (ESCRIBIR CON LETRA DE IMPRENTA)

Nombre _____

Numero de Seguro Social _____ - _____ - _____

Dirección Nueva _____

Ciudad _____ Estado _____ Zona Postal _____

No. de Telefona (_____) _____

Planta _____ Local _____

From the Kitchen of Union Label & Service Trades Department, AFL-CIO

Union-made Buffalo Chicken Dip

- 1 (8oz.) pkg. Horizon or Kraft Philadelphia Cream Cheese, softened
- ½ cup FRANK's Redhot Original Cayenne Pepper Sauce or FRANK'S Redhot Buffalo Wings Sauce
- ½ cup Kraft Bleu Cheese or Hidden Valley Ranch Dressing
- 2 cups Shredded cooked Foster Farms fresh Chicken
- ½ cup Kraft Crumbled blue cheese or your favorite Hiland Dairy shredded cheese

DIRECTIONS

PREHEAT oven to 350F°

Bake 20 minutes or until mixture is heated through; stir.
Serve with Nabisco crackers, Bimbo bakeries breads and/or Mann's Carrots and other crunchy companions by Eurofresh Vegetables.

From the Kitchen of Union Label & Service Trades Department, AFL-CIO

Union-made Double Layer Pumpkin Cheesecake

- 2 (8 ounce) packages of Horizon or President Choice cream cheese, softened
- ½ cup of Domino Sugar
- ½ tsp Kroger or other union label vanilla extract
- 2 union-label eggs, like Horizon
- 9 in. prepared graham cracker crust from union label grocery store
- ½ cup Kroger brand pumpkin puree
- ½ tsp cinnamon
- 1 pinch ground nutmeg
- ½ cup Giant brand or other union-label frozen whipped topping, thawed

DIRECTIONS

Preheat oven to 325 degrees f (165 degrees C)

1. In a large bowl, combine cream cheese, sugar and vanilla. Beat until smooth. Blend in eggs one at a time. Remove 1 cup of batter and spread into bottom of crust; set aside.
2. Add pumpkin, cinnamon, cloves and nutmeg to the remaining batter and stir gently until well blended. Carefully spread over the batter in the crust.
3. Bake in preheated oven for 35 to 40 minutes, or until center is almost set. Allow to cool, then refrigerate for 3 hours or overnight. Cover with whipped topping before serving.

Reprinted from UFCW

VACATION

DO BUY

Most travelers plan their summer vacation in the month of February. The Union Label and Service Trades Department, AFL-CIO, wants to help you plan your next union-made get away.



COCKTAILS

Celebrate the warm breezes by sharing a tropical union-made cocktail. In a large pitcher, stir together Dole pineapple juice, Captain Morgan spiced rum, and Del Monte fresh lime juice. Refrigerate until chilled. Serve over ice.



PACKING

Whether heading to the beach or having a stay-cation by the pool, be sure to pack your union-made Coppertone or Bain De Soleil sunscreen, some Chapstick for your lips and some Solarcaine, just in case.



ROUTES

Amtrak travels to 500 destinations around the U.S. And their trains are operated, staffed and maintained by union members. Rather Drive? Greyhound buses are operated and maintained by members of the Amalgamated Transit Union (ATU) which also represents the operators, drivers and support workers for the Metro (Washington DC) transit system. As well, Avis and Budget Rental are union.



BOOK UNION 01



HOTEL

Find your union hotel by visiting the UNITE HERE Fair Hotels website: www.fairhotel.org



TICKETS

Book your flight on a union airline. Most U.S. airlines are union staffed from pilots and crew to mechanics and reservation call centers.

U.S. Passports are issued through your union staffed post offices.



DESTINATIONS

Many family-friendly destinations from national and state parks and landmarks, American's favorite baseball stadiums, Disney World and most other theme parks are union staffed. Union members can find discount admissions tickets to select theme parks online at www.unionplus.com. Other union destinations include Broadway shows, Sporting events, Smithsonian galleries, museums, and zoos, and the Grand Ole Opry, just to name a few.



**ALWAYS CHECK FOR INFORMATION REGARDING BENEFITS PROVIDED BY
CENTRAL STATES JOINT BOARD HEALTH & WELFARE AND MIDWEST PENSION.**



**2018
MONDAY NIGHT SCHEDULE OF UNION OFFICE
GENERAL BUSINESS, ATTORNEY AVAILABILITY
HEALTH & WELFARE AND PENSION**

**March 5th
June 4th
September 10th
December 3rd**

Please be advised that these are the only nights that the Union office will be open on Mondays until 7:00 p.m.

Esto es para informareis que estas son las únicas noches que la oficina de la Unión estará abierta los lunes hasta las 7:00 p.m.

2018 UNION MEETINGS LOCAL 18 2018

Time: 6:00 p.m. SHARP

Place: UNION HALL • 245 FENCL LANE, HILLSIDE, IL

TUESDAY, MARCH 6TH

TUESDAY, JUNE 5TH

TUESDAY, SEPTEMBER 11TH

TUESDAY, DECEMBER 4TH

2018 UNION MEETINGS LOCAL 30 2018

Time: 6:00 p.m. SHARP

Place: UNION HALL • 245 FENCL LANE, HILLSIDE, IL

MONDAY, MARCH 5TH

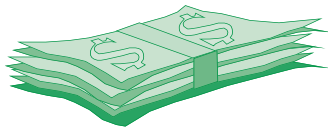
MONDAY, JUNE 4TH

MONDAY, SEPTEMBER 10TH

MONDAY, DECEMBER 3RD

**TIME TO CASH IN ON A
SPECIAL BONUS OFFER**

IT HAS BEEN A PAST PRACTICE OF THE CENTRAL STATES JOINT BOARD TO GIVE OUT CASH BONUS. WHY DON'T YOU BE ONE OF MANY UNION MEMBERS TO RECEIVE ONE (IN SOME CASES HUNDREDS OF DOLLARS).



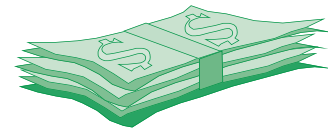
IF YOU KNOW OF A NON-UNION SHOP OR HAVE FRIENDS OR RELATIVES WORKING IN ONE YOU ARE ELIGIBLE FOR A CASH BONUS, ***IF WE SUCCESSFULLY ORGANIZE THE COMPANY.*** FOR DETAILS ON HOW TO RECEIVE YOUR BONUS SEE YOUR BUSINESS REPRESENTATIVE OR CONTACT THE UNION OFFICE AT:

312 – 738-0822
245 FENCL LN., HILLSIDE, IL 60162

ORGANIZING DEPARTMENT
CENTRAL STATES JOINT BOARD, AFL-CIO

**YA ES HORA DE SACAR PROVECHO
DE UNA OFERTA ESPECIAL DE
BONIFICACION**

HA SIDO UNA PRACTICA PASADA DEL CENTRAL STATES JOINT BOARD EN DAR BONIFICACIONES EN EFECTIVO. PORQUE NO ES USTED UNO DE LOS MUCHOS MIEMBROS DE LA UNION QUE RECIBA UNA (EN ALGUNOS CASOS HASTA CIENTOS DE DOLARES).



SI USTED CONOCE DE ALGUNA FABRICA QUE NO TENGA UNION O SI TIENE AMIGOS O FAMILIARES QUE TRABAJEN EN UNA, USTED ES ELEGIBLE A RECIBIR UNA BONIFICACION EN EFECTIVO, ***SI NOSOTROS ORGANIZAMOS EXITOSAMENTE LA COMPANIA.*** PARA DETALLES DE COMO RECIBIR SU BONIFICACION, VEA A SU REPRESENTANTE DE NEGOCIOS O COMUNIQUESE CON LA OFICINA DE LA UNION AL:

312 – 738-0822
245 FENCL LN., HILLSIDE, IL 60162
DEPARTAMENTO ORGANIZADOR
CENTRAL STATES JOINT BOARD, AFL-CIO



Labor News

of the

Central States Joint Board

Affiliated A.F.L.-C.I.O.

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Hillside, IL 60162-2001

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KATHY RODRIGUEZ, Spanish Editor

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